

carrier selection

Normal, Oily & Dry Skin

water – provides the most desirable carrier base, especially when using RO filtered, de-ionized, or other purified water. No additional AHA will be present beyond that found in the unique composition of the scrub itself. More refreshing than oil based scrubs during hot weather.

vinegar – selection of this liquid as one of the carriers will introduce malic acid which is another form of AHA. Some find blending a diluted solution of vinegar with water to be best in certain scrubs.

milk/ yogurt – these carriers contain lactic acid, another AHA that provides similar beneficial results to those described above. Those with sensitive skin should use dairy carriers with caution.

Normal & Dry Skin

olive oil – this carrier contains vitamin E and other hydrating and restorative components used to maintain healthy skin, especially for those with dry skin

coconut oil – has a high fat content and is a great moisturizer. Additionally, it has antibacterial, antiviral and antifungal properties that can stop minor skin infections from starting.

kukui nut oil* - is most popular for its ability to quickly penetrate the skin. It is also rich in linolenic fatty acids.

almond oil* - is rich in vitamin E and B vitamins.

walnut oil* - is rich in essential fatty acids that nourish and hydrate skin and helps prevent UV damage.

Oily Skin

grapeseed oil – is believed to help speed cellular repair and help even skin tone.

Honey

Honey can be used for any skin type, but used with caution as it increases cellular sensitivity to the sun and increases the risk of sun damage.

*should not be used by persons with nut allergies

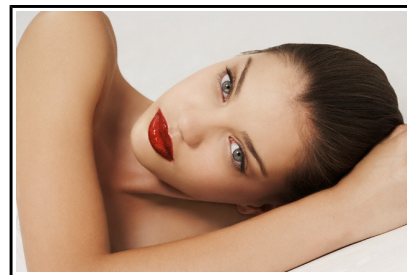
feed your skin!

Do you ever think about all of the chemicals in our food? We do.

Do you ever think about all of the chemicals in your current beauty regimen? We do. . .

Do you know of anyone that offers a line of entirely natural skin scrubs? That means no chemicals, no artificial additives, no preservatives of any kind? We do!

And now, you do too! Our scrubs were created to be used with your carrier of choice - water, olive oil, nut oil, coconut oil, even yogurt or milk. Beautifully healthy skin can be enjoyed at any age. The secret is simple - feed your skin, naturally!



Available at poreessentials.com

PORE ESSENTIALS

go lb.
salt

ORGANIC FOOD
FOR YOUR SKIN

maintenance scrubs

Refresh & Renew

What's in it?

Tangerine, ginger, raspberry, vanilla, blueberry, sea salt, organic bamboo leaf extract, raw organic cane sugar

Why?

This blend of strong astringents coupled with silica rich antioxidants will help normalize skin oil production, promote new skin growth and reduce outbreaks and acne for those with normal to oily skin. Best used as a maintenance scrub for well balanced skin.

Cleanse & Clarify

What's in it?

Lemon, lime, mint, strawberry, blueberry, sea salt, organic bamboo leaf extract, raw organic cane sugar

Why?

Strong astringents coupled with silica rich antioxidants to help normalize skin oil production, promote new skin growth and reduce outbreaks and acne. Best used to maintain well balanced skin.

our ingredients

lemon & lime – astringents, used to lighten sun & age spots, as well as even out skin tone, rich in amino acids & antioxidants, brightens complexion

tangerine – astringent, used to lighten sun & age spots, as well as even out skin tone, helps reduce wrinkles

ginger – astringent, used to lighten sun & age spots, as well as even out skin tone, antiseptic great for killing bacteria that causes acne, improves circulation helps fight cellulite

mint – astringent & contains salicylic acid which; reduces inflammation, helps loosen dead skin cells, helps prevent clogged pores (fewer pimples - clearer skin)

strawberry – contains salicylic acid, rich in antioxidants, helps reduce wrinkles, and blemishes

blueberry – helps strengthen blood vessels and reduce varicose veins, helps normalize skin oil levels

raspberry – rich in antioxidants, high in polyphenolic compounds (known for their cancer fighting properties & aids in sun protection)

vanilla – contains vanillin, a polyphenol with potential antioxidant capability. Found to prevent mutations and stops the growth of cancer cells*, reduces inflammation, calming

coffee – reduces inflammation, used to even out skin tone, reduces the appearance of cellulite & varicose veins

cocoa – high in antioxidants, rich in flavanoids, helps maintain collagen & fight sun damage

*(<http://www.ncbi.nlm.nih.gov/pubmed/20668316>)

rejuvenation scrubs

Heal & Hydrate

What's in it?

raspberry, strawberry, blueberry, vanilla, sea salt, organic bamboo leaf extract, raw organic cane sugar

Why?

A triple berry concoction of antioxidant love that helps restore a youthful glow while normalizing oil production and increasing circulation and cell hydration.

Soothe & Nourish

What's in it?

coffee, cocoa, vanilla, blueberry, sea salt, organic bamboo leaf extract, raw organic cane sugar

Why?

The delicious smell of chocolate and coffee help you to luxuriate in the richness of cocoa, vanilla and coffee as this antioxidant rich blend helps maintain collagen while fighting sun damage and the ravages of time.

ORGANIC FOOD FOR YOUR SKIN